



# NOVEMBER 2018 MENU

DATE	A.M. SNACK 7:00 & 9:00	LUNCH	P.M. SNACK
11/01/2018	Granola Bar, Milk	Fish Sticks, Rice, Vegetable Medley, Milk, Fruit Cocktail	Apple Slices, Cheese Crackers, Water
11/02/2018	Fruit & Grain Bar, Milk	Pizza w/Cheese & Sausage, Mixed Vegetables, Milk, Applesauce	Orange Slices, Animal Crackers, Water
11/05/2018	Breakfast Bar, Milk	Ham, Noodles, Vegetables, Milk, Applesauce	Fruit Slices, Fish Crackers, Water
11/06/2018	Bagels w/Cream Cheese, Milk	Pasta Bake, Green Beans, Milk, Fruit Cocktail	Banana Slices, Crackers, Water
11/07/2018	Cereal, Yogurt, Milk	Chicken Rings, Noodles, Peas & Carrots, Milk, Applesauce	Orange Slices, Vanilla Wafers, Water
11/08/2018	Granola Bar, Milk	French Toast Sticks, Sausage, Carrots, Milk, Fruit Cocktail	Apple Slices, Cheese Crackers, Water
11/09/2018	Fruit & Grain Bar, Milk	Pizza w/Cheese & Sausage, Vegetable Medley, Milk, Applesauce	Fruit Slices, Animal Crackers, Water
11/12/2018	Breakfast Bar, Milk	Penne Bake, Green Beans, Milk, Fruit Cocktail	Banana Slices, Rice Cakes, Water
11/13/2018	Granola Bar, Milk	*Hot Dog on Bun, French Fries, Peas & Carrots, Milk, Applesauce	Fruit Slices, Animal Crackers, Water
11/14/2018	Cereal, Milk	Chicken Noodle Casserole, Vegetable Medley, Milk, Fruit Cocktail	Orange Slices, Ritz Crackers, Water
11/15/2018	Bagels & Cream Cheese, Milk	Pancakes, Sausage, Carrots, Milk, Applesauce	Apple Slices, Vanilla Wafers, Water
11/16/2018	Fruit & Grain Bar, Milk	Pizza w/Cheese & Sausage, Mixed Vegetables, Milk, Pears	Fruit Slices, Saltines, Water
11/19/2018	Granola Bar, Milk	Quesadillas, French Fries, Carrots, Milk, Applesauce	Fruit Slices, Vanilla Wafers, Water
11/20/2018	Bagels w/Cream Cheese, Milk	Turkey Roast, Rice, *Corn, Milk, Applesauce	Banana Slices, Cheese Crackers, Water
11/21/2018	Fruit & Grain Bar, Milk	Pizza w/Cheese & Sausage, Green Beans, Milk, Fruit Cocktail	Apple Slices, Graham Crackers, Water
11/22/2018	NO SCHOOL		
11/23/2018	NO SCHOOL		

Happy



Thanksgiving



# NOVEMBER 2018 MENU

DATE	A.M. SNACK 7:00 & 9:00	LUNCH	P.M. SNACK
11/26/2018	Breakfast Bar, Milk	Tacos, Tater Tots, Carrots, Milk, Applesauce	Fruit Slices, Crackers, Water
11/27/2018	Bagels & Cream Cheese, Milk	French Toast, Sausage, Carrots, Milk, Applesauce	Banana Slices, Vanilla Wafers, Water
11/28/2018	Cereal, Yogurt, Milk	Pasta Bake, Green Beans, Milk, Fruit Cocktail	Apple Slices, Graham Crackers, Water
11/29/2018	Granola Bar, Milk	Grilled Cheese Sandwich, French Fries, Peas & Carrots, Milk, Applesauce	Orange Slices, Saltines, Water
11/30/2018	Fruit & Grain Bar, Milk	Pizza w/Cheese & Sausage, Mixed Vegetables, Milk, Fruit Cocktail	Fruit Slices, Fish Crackers, Water

## **TODDLERS:**

- Will substitute Chicken Nuggets or Bologna for Hot Dogs.
- Will substitute Applesauce for Tropical Fruit.
- Will substitute cooked Carrots for Corn.

## **TODDLERS & EARLY PRESCHOOL**

- Will substitute Veggie Straws for Multigrain Chips or Doritos