



OCTOBER 2021 MENU



DAY	DATE	A.M. SNACK 7:00 & 9:00	LUNCH	P.M. SNACK
Fri	10/01/2021	Granola Bar, Milk	Chicken Rings, salad, Pineapple, Milk	Apples, Animal Crackers, Water
Mon	10/04/2021	Cereal, Milk	Chicken Nuggets, Tri-colored Noodles, Corn, Pears, Milk	Oranges, Goldfish, Water
Tues	10/05/2021	Fruit Bar, Milk	Turkey Sandwiches, Carrots, VeggieStraws, Fruit Snacks, Milk	Bananas, Saltines, Water
Wed	10/06/2021	Bagel & Cream Cheese, Milk	Ham, Tator Tots, Green Beans, Applesauce	Strawberries, Rice Cakes, Water
Thurs	10/07/2021	Granola Bar, Milk	Pasta, Peas, Oranges, Milk	Apples, Club Crackers, Water
Fri	10/08/2021	Yogurt, Milk	Grilled Cheese, Salad, Pineapple, Milk	Grapes, Graham Crackers, Water
Mon	10/11/2021	Cereal, Milk	Macaroni & Cheese, Peas, peaches, Milk	Oranges, Goldfish, Water
Tues	10/12/2021	Fruit Bar, Milk	Bologna Sandwiches, Doritos, Green Beans, Fruit Snacks, Milk	Bananas, Animal Crackers, Water
Wed	10/13/2021	Yogurt, Milk	Pancakes, Sausage, Carrots, Applesauce	Strawberries, Saltines, Water
Thurs	10/14/2021	Cinnamin Toast, Milk	Chicken Rings, Rice, Corn, Oranges, Milk	Grapes, Club Crackers, Water
Fri	10/15/2021	Granola Bar, Milk	Pizza, Cucumber, Fruit Cocktail, Milk	Apples, Rice Cakes, Water
Mon	10/18/2021	Cereal, Milk	Hamburgers, French Fries, Peas, Applesauce, Milk	Oranges, Graham Crackers, Water
Tues	10/19/2021	Fruit Bar, Milk	Ham Sandwiches, Bugles, Carrots, Fruit Snacks, Milk	Bananas, Cheese Crackers, Water
Wed	10/20/2021	Bagel & Cream Cheese, Milk	Fish Sticks, Tator tots, Corn, Peaches, Milk	Strawberries, Ritz Crackers, Water
Thurs	10/21/2021	Granola Bar, Milk	Quesadillas, Multigrain Chips, Salad, Pears, Milk	Grapes, Animal Crackers, Water
Fri	10/22/2021	Yogurt, Milk	Chicken Noodle Casserole, Green Beans, Oranges, Milk	Apples, Rice Cakes, Water
Mon	10/25/2021	Cereal, Milk	Macaroni & Cheese, Green Beans, Applesauce, Milk	Oranges, Ritz Crackers, Water
Tues	10/26/2021	Fruit Bar, Milk	Chicken Sandwiches, Doritos, Carrots, Fruit Snacks, Milk	Bananas, Goldfish, Water
Wed	10/27/2021	Yogurt, Milk	Sloppy Joes, French Fries, Peas, Peaches	Strawberries, Club Cracker, Water
Thurs	10/28/2021	French Toast, Milk	Hot Dogs, Potato Chips, Corn, Oranges, Milk (<i>Pasta for Toddlers</i>)	Grapes, Cheese Crackers, Water
Fri	10/29/2021	Special Breakfast, Milk	Pizza, Cucumber, Fruit Cocktail, Milk	Special Snack, Water

TODDLERS:

- Will substitute Pasta for Hot Dogs.
- Will substitute cooked Carrots for Corn.

TODDLERS & EARLY PRESCHOOL

- Will substitute Veggie Straws for Multigrain Chips or Doritos