



# SEPTEMBER 2021 MENU



DAY	DATE	A.M. SNACK 7:00 & 9:00	LUNCH	P.M. SNACK
Wed	09/01/2021	Yogurt, Milk	Chicken Nuggets, french fries, Corn, Pears, Milk	Strawberries, Cheese Crackers, Water
Thurs	09/02/2021	English Muffin, Milk	Pasta Bake, peas, Fruit Cocktail, Milk	Grapes, Saltines, Water
Fri	09/03/2021	Granola Bar, Milk	Pizza, salad, Pineapple, Milk	Apples, Animal Crackers, Water
Mon	09/06/2021	<b>NO SCHOOL - LABOR DAY</b>		
Tues	09/07/2021	Cereal, Milk	Turkey Sandwiches, Doritos, Raw Carrots, Fruit Snacks, Milk	Oranges, Goldfish, Water
Wed	09/08/2021	Fruit Bar, Milk	Ham, Rice, Green Beans, Applesauce	Strawberries, Rice Cakes, Water
Thurs	09/09/2021	Granola Bar, Milk	Chicken Noodle Casserole, Corn, Oranges, Milk	Grapes, Graham Crackers, Water
Fri	09/10/2021	Yogurt, Milk	Grilled Cheese, Peas, Pineapple, Milk	Apples, Club Crackers, Water
Mon	09/13/2021	Cereal, Milk	Macaroni & Cheese, Green Beans, pears, Milk	Oranges, Goldfish, Water
Tues	09/14/2021	Fruit Bar, Milk	Bologna Sandwiches, Doritos, Carrots, Fruit Snacks, Milk	Bananas, Animal Crackers, Water
Wed	09/15/2021	Yogurt, Milk	Chicken Rings, french fries, Corn, Oranges, Milk	Strawberries, Saltines, Water
Thurs	09/16/2021	English Muffin, Milk	Pancakes, Sausage, Raw Carrots, Applesauce	Grapes, Club Crackers, Water
Fri	09/17/2021	Granola Bar, Milk	Pizza, Peas, Pineapple, Milk	Apples, Rice Cakes, Water
Mon	09/20/2021	Cereal, Milk	Hamburgers, French Fries, Peas, Oranges, Milk	Oranges, Graham Crackers, Water
Tues	09/21/2021	Fruit Bar, Milk	Ham Sandwiches, Bugles, Carrots, Fruit Snacks, Milk	Bananas, Cheese Crackers, Water
Wed	09/22/2021	Bagel & Cream Cheese, Milk	Fish Sticks, Tator tots, Corn, Pears, Milk	Strawberries, Ritz Crackers, Water
Thurs	09/23/2021	Granola Bar, Milk	Tacos, Multigrain Chips, Salad, Peaches, Milk	Grapes, Animal Crackers, Water
Fri	09/24/2021	Yogurt, Milk	Pasta, Green Beans, Pineapple, Milk	Apples, Rice Cakes, Water
Mon	09/27/2021	Cereal, Milk	Macaroni & Cheese, Green Beans, Applesauce, Milk	Oranges, Ritz Crackers, Water
Tues	09/28/2021	Fruit Bar, Milk	Turkey Sandwiches, Doritos, Carrots, Fruit Snacks, Milk	Bananas, Goldfish, Water
Wed	09/29/2021	Yogurt, Milk	Hot Dogs, Potato Chips, Raw Carrots, Oranges, Milk ( <i>Pasta for Toddlers</i> )	Strawberries, Club Cracker, Water
Thurs	09/30/2021	English Muffin, Milk	Pizza, Corn, Pineapple, Milk	Grapes, Cheese Crackers, Water

**TODDLERS:**

- Will substitute Pasta for Hot Dogs.
- Will substitute cooked Carrots for Corn.

**TODDLERS & EARLY PRESCHOOL**

- Will substitute Veggie Straws for Multigrain Chips or Doritos